

UL LAFAYETTE

PARENT & FAMILY NEWSLETTER



Finding Strength in Study Skills

Middle and high school students are typically taught that there are certain ways to study and learn. College though, is a time for students to explore their intellectual strengths and practice study methods that work best for them.

When a student is a **visual learner**, they perform best when viewing pictures, graphs, diagrams, and demonstrations. Visual learners tend to retain information best when they reread notes and texts, color-code their notes, and organize information in an attractive manner. Students who are **auditory learners** best retain information when they hear it. The biggest strength for this student is class lecture, where a professor can vocally relay information. **Tactile learners** are those students who best learn through physical contact, whether that be writing and rewriting their notes, partaking in role-playing demonstrations, or developing hands-on projects.



Time and **place** are other important variables to consider as your student explores their study habits. Some students find that they focus best in the mornings before class while others feel more energized in the evenings. If your student tends to feel that infamous [“afternoon slump,”](#) encourage them to take a break at that time rather than force unproductive study. Students will vary in their preferred study locations as well. Whether it’s a coffee shop, the park, or the silent third floor of [Dupre Library](#), encourage your student to find a space where they can truly get into the study zone. Challenge your student to mix up their study habits so they can figure out what works best for them.

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Academic Support

Grade Checks

Student alerts are conducted through the [Student Success Manager](#) (SSM) system*. SSM is a web-based student performance monitoring system that provides automated student services and communication between faculty, students, and support staff. At UL Lafayette, the SSM system is used to notify students at key times throughout the semester if they are at risk of failing a course. If identified by faculty and staff, automated email alerts are sent directly to academically at-risk students' University email with important resources for student success.

**Please note, not all faculty submit grade alerts. It is ultimately the student's responsibility to stay informed of their grades.*

Spring 2023 Alert Check Dates:

- 1st Grade Alert - February 17**
- 2nd Grade Alert - March 17**



SPRING 2023 ACADEMIC CALENDAR

(Subject to change)

February 20-22
Mardi Gras Holiday

March 13-24
Advising Session for Summer/Fall

March 30
Last Day to Drop Class with "W"

April 7-16
Spring Break

April 26-30
Dead Days

April 28
Last Day of Classes

May 1-5
Final Exams

May 5
Semester Ends

Students should contact the [Academic Success Center](#) in Lee Hall, room 115 immediately if they receive an email identifying them as academically at-risk in order to set up an Academic Improvement Plan. Additionally, students should take advantage of free tutoring provided by [The Learning Center](#). Students may also use SSM to help streamline questions they may have about tutoring, scholarships, financial aid, or just getting help in general.

Tutoring

Now that the Spring semester is well underway, it's a great time to remind your student about the free tutoring services provided in [The Learning Center](#). It's important for students to stay on top of their classes and perform well now, so they aren't trying to play catch-up later.

Spring 2023 Subject Offerings at The Learning Center:

- Accounting 200, 201, 202
- American Sign Language 101, 102, 201
- Anthropology 202
- Biology 110, 111, 220, 230, 233, 261, 318
- Chemistry 107, 108, 123, 231
- Electrical & Computer Engineering 140
- Finance 250, 300
- Kinesiology 303
- Math 103, 105, 109, 110, 117, 143, 210, 270, 302
- Philosophy 202
- Physics 207
- Psychology 110, 200, 255, 315, 330, 360, 425
- Qualitative Methods 251, 352
- Spanish 101, 102
- Statistics 214, 417

Career Planning & Preparation



Part-Time Jobs in College

An important preparation for life after college is gaining practical experience in the work force! A large majority of students in college hold part-time jobs ranging anywhere from 5 to 20+ hours per week. Whether your student is looking to gain knowledge of the working world or simply have some extra spending money, having a job is an important aspect of college life.

The [Office of Career Services](#) helps UL Lafayette students and alumni develop and implement their career goals by providing skill enhancement, career and employer information, and maintaining quality university-employer relationships that provide a link between students and potential employers.

Career Services maintains an online database called [Handshake](#) where UL Lafayette students can view openings for part-time jobs, internships, and [co-ops](#). Positions include on-campus student jobs as well as a variety of openings around Lafayette and the surrounding area.

Additionally, Career Services provides cover letter and [resume-writing assistance](#), [job search preparation](#), [interview practice](#), and the [Career Closet](#) which provides students with free, gently-used professional clothing items. Visit the [Career Services website](#) to read about all of these services and more!

SAVE THE DATE



**ALL MAJORS
CAREER
FAIR**

Tuesday, February 14th
12-4 p.m.
Cajundome Convention Center

100+
Employers



Free
Professional
Headshots

**UL LAFAYETTE
CAMPUS CUPBOARD
AND CAREER CLOSET**

SPRING 2023 HOURS OF OPERATION

MONDAYS: 1:00PM - 3:00PM
TUESDAYS: 12:00PM - 4:00PM
WEDNESDAYS: 9:00AM - 12:00PM
THURSDAYS: 12:00PM - 4:00PM

UL LAFAYETTE CAMPUS CUPBOARD & CAREER CLOSET
210 EAST ST. MARY BOULEVARD, LAFAYETTE, LA 70503

Campus Resources

[Academic Success Center](#)

Lee Hall 115
337-482-6818
asc@louisiana.edu

[Student Health Services](#)

O.K. Allen Hall
337-482-1293
shs@louisiana.edu

[Dean of Students Office](#)

Student Union 169
337-482-6276
deanofstudents@louisiana.edu

[Office of Disability Services](#)

Agnes Edwards 126
337-482-5252
ods@louisiana.edu

[Counseling & Testing Center](#)

O.K. Allen Hall
337-482-6480
counseling@louisiana.edu

[University Police](#)

Bittle Hall
337-482-6447
ulpolice@louisiana.edu

The February Student

Here are a few things your student can expect or may be experiencing in February during their second semester:



Mardi Gras - Mardi Gras is one of the most festive times of year in Lafayette! Students will be off February 20-22 in observance of the holiday. Share the [2023 Acadiana Mardi Gras Schedule](#) with your student for fun things to do in the area. Please encourage your student to participate in festivities safely and responsibly.



Midterms - Midterm exams are coming up. Check-in with your student on their stress level and make sure they are staying on top of studying and assignments. Encourage them to be proactive and start preparing for midterms early.



Spring Break Planning - As Spring Break (April 7-16) approaches, your student may be thinking about how to spend their extra days off from school. If your student is staying local this year, share the [Lafayette Travel website](#) with them for fun things to do nearby. Please encourage your student to make smart and safe decisions to ensure that they return from spring break safe, healthy, and ready to finish up the semester strong.



Care Packages - Have you sent your student a care package yet this semester? Students love receiving unexpected gifts from their support system!

Parent-to-Parent Advice

Here's what former freshman parents and guardians have to say:

"Read the newsletter. Also, help your student to be independent, even when it comes to finances, studying, grades, etc."

"Patience! Give your student space and always be there to allow them to vent on their own terms."

"Be prepared to allow your child to make decisions. Also, be prepared to help guide them and offer plenty of love and support throughout the year."

"It is repeated over and over again that your student is an adult now. It is still important to stay very active in their life. They still need a parent's guidance, kind words, and advice. This will help in their success during their big transition in life."